

Need Support?

If your organisation is a Workplaces for Change partner, you may be eligible to access free support if you are impacted by DFSV. Support is also available if you have concerns about your behaviour and are seeking to make changes to maintain respectful relationships.

You do not need to inform your workplace of your intention to access support and your use of our service will be kept confidential.

Our supports are tailored to your individual safety and wellbeing needs. Our casework and counselling professionals are non-judgmental and are guided by you.

Appointments are available face-to-face, over the phone or online.

Contact us to find out more about our services or discuss how best we can support you.

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Workplaces for Change

Information for Employees

Illawarra
Women's
Health
Centre

Established 1986



What is Domestic, Family and Sexual Violence?

Domestic, Family and Sexual Violence (DFSV) can happen to anyone. It is present in all communities and impacts people regardless of age, socioeconomics, race, culture, gender or sexual orientation.

Forms of DFSV can include:



DFSV can occur in various relationships including but not limited to abuse from intimate partners, household members, relatives/ family members or carers.

If you are experiencing DFSV you are not to blame and you are not alone.

Workplaces for Change

A Supportive Solution

1 in 4 women and 1 in 8 men report having experienced violence by an intimate partner or family member. Most workplaces will have employees who are impacted by DFSV

Workplaces for Change is an initiative aimed at preventing and reducing the impacts of DFSV and promoting positive outcomes for both individuals and workplaces.

Workplaces for Change provides:

- Whole of organisation **training** to raise awareness at every level, of the signs and impacts of DFSV and how best to respond to employees experiencing DFSV
- Individualised support including **counselling** and **casework** for employees impacted by DFSV.
- DFSV- Informed **leadership coaching** for leaders managing and supporting employees who are impacted by DFSV and leading organisational practice change

We partner with workplaces to find supportive solutions. Our training and leadership coaching can be tailored to reflect the needs of your unique workplace.